

HIV care at DC Klinieken



HIV CARE

Patient brochure

At DC Klinieken, we take a personalised approach to HIV care. Together with the internist-infectiologist and nurse, we draw up a treatment plan to suit you. We really take the time for you during our consultations. We like to look beyond just the HIV to openly discuss all aspects of life that involve staying healthy and growing old healthily. We offer as much care as possible under one roof and work together with the Amsterdam University Medical Centre (AUMC).

Examinations and treatments

You can contact DC Klinieken for HIV care with a referral from your GP or other physician. We offer various examinations and treatments for the prevention, testing and treatment of HIV, sexually-transmitted diseases (STDs) and hepatitis. We offer psychosocial support as well.

- **HIV treatment**

For treating HIV, we take your personal situation and wishes into account. We treat HIV with medication in the form of tablets or injections. During your appointment we will discuss exactly which treatment you will receive. We also offer counselling on the psychosocial level, covering aspects of everyday life that play a role in living with HIV.

- **HRA (high resolution anoscopy)**

People living with HIV have a greater risk of anal cancer, which is caused by HPV (Human Papilloma Virus). HPV can disrupt cell division of the mucous membranes in and around the anus. This is called AIN (Anal Intraepithelial Neoplasia). AIN can develop into cancer. We offer an HRA consultation hour where we screen for AIN. At DC Klinieken AIN is mostly treated with heat therapy. We cauterise the mucous membrane lesions with an electric pen after the area has been properly anaesthetised. Sometimes we decide to treat AIN with a cream, nitrogen or trichloroacetic acid.

- **Sexual health**

We offer a consultation hour where questions, concerns and problems regarding sexuality can be discussed. The sexual health consultant will examine the request for help, set up a care plan and, where necessary, refer you to professionals such as a sexologist, psychologist, relationship therapist or a pelvic floor physiotherapist.

- **Vaccinations**

There are vaccinations that are recommended if you are infected with HIV. You can get these vaccinations from us. They include hepatitis A and B, pneumococcal disease and varicella-zoster.

- **STD test**

We see STD care as part of sexual health. That is why DC Klinieken offers a complete STD check to patients who are in our care. People who are at a higher risk of contracting an STD are also very welcome in our clinic. Please note that in the latter case, the STD test will not be reimbursed by your health insurer.

- **Hepatitis**

Hepatitis is a disease that can be caused by a number of different viruses. You can get infected with a virus by, among other things, having unprotected sex. Effective vaccines are available for hepatitis A and B. Your body will clear the hepatitis A virus on its own. Hepatitis B and C, however, often need to be treated as they can otherwise lead to serious liver inflammation, liver failure or even liver cancer. Hepatitis B and C are treated with medication.

- **HIV test**

We offer (anonymous) rapid HIV tests for people who are at risk of HIV or think they are at risk of getting HIV. This includes both pre-test and post-test counselling. The result of the test is known within 10 minutes.

Make an appointment

You can make an appointment at DC Klinieken with a referral from your GP or other physician. To make an appointment, you can call the clinic directly at: +31 (0)88 0100 944. You do not need a referral for an STD test or a rapid HIV test.

You cannot visit us if you:

- are under 18 years old.
- require acute (internal) medical care.
- need highly complex care, such as:
 - pregnant women with HIV.
 - other forms of complex pathology that require care from multiple specialties simultaneously.

Opening times

	Monday	Tuesday to Friday
HIV treatment centre	8:00-19:30 hrs.	8:00-17:00 hrs.
Laboratory	8:00-19:00 hrs.	8:00-16:30 hrs.
Pharmacy	8:30-19:00 hrs.	8:30-17:00 hrs.

More information

You can find more information on HIV care and the various examinations and treatments on our website: www.dcklinieken.nl/en/hiv-care. The website of Stichting HIV Monitoring (the HIV Monitoring Foundation) is: www.hiv-monitoring.nl/en. To find out more about the HIV Vereniging (HIV Association) you can go to: www.hivvereniging.nl/en.

Resuscitation

All patients at DC Klinieken are resuscitated in emergency situations. Do you have a do-not-resuscitate declaration, or have you discussed with your doctor that you do not want to be resuscitated? In that case, it is crucial that you inform us about your preferences.

Reimbursements

DC Klinieken has contracts with all health insurers. This means that almost all care is reimbursed. Just like in the hospital. You do, however, need a referral from your GP or other physician. Please take your health insurance excess into account. You can find more information about reimbursements and any exceptions here: www.dcklinieken.nl/vergoedingen.

Questions

For more information and answers to frequently asked questions, visit: www.dcklinieken.nl/contact or call our Service and Information Centre at: +31 (0)88 0100 900.

You can also contact our HIV treatment center by email: internegeneeskunde@dcklinieken.nl.

Emergency after visiting DC Klinieken

In case of an emergency, please call: +31 (0)88 0100 998. If necessary, you will be connected to the internist on duty at the AUMC.

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