

# Iontophoresis

## Patient information



Iontophoresis is a technique with which medicine is administered through the skin (transdermally) using electricity. The aim of this treatment is to get the medicine as close to the affected site as possible. Depending on your situation, a combination of different medicines may be used. This generally leads to a reduction in pain and improvement through better circulation.

### Preparation

No special preparation is required for this treatment. The treatment is done once a week for several weeks in a row.

### Important

Inform us of the following before the treatment starts:

- a pregnancy (suspected);
- a pacemaker or ICD.

### The treatment

You lie on a bed or take a seat in a chair. Your skin is first cleaned of oils with alcohol. The medication is sprayed onto a kind of plaster with a thin sponge and placed on the painful area. The second plaster is placed about 10 cm away from the first one. Then the electrodes are affixed to the plasters and the device turned on. You may feel some prickling or tingling. If the treatment is too painful, the standard setting will be turned down lower.

### Duration of the treatment

Normally, the treatment takes 20 minutes. It takes a bit longer if we have to adjust the settings. After the treatment if you feel fine after the treatment, you may go home. Use of the medicine ketanest can lead to sleepiness or drowsiness. That is why you are not allowed to drive after treatment with ketanest. It is best to bring someone along who can take you home.

### Possible complications and adverse effects

- dizziness;
- nausea;
- sleepiness;
- headache;
- redness or rash where the electrodes were placed.

### Resuscitation

All patients at DC Klinieken are resuscitated in an emergency situation. Have you signed a DNR form or discussed with your doctor that you do not want to be resuscitated? Then it is important to inform us of this.

### Insurance coverage

DC Klinieken has contracts with all health insurance providers. This means that practically all of the care is reimbursed. Just like the care you receive in the hospital. You will first need a referral from your GP or specialist. Remember to take into account your insurance excess. For more information about reimbursement and any exceptions: [www.dcklinieken.nl/vergoedingen](http://www.dcklinieken.nl/vergoedingen).



## Questions

For more information and answers to FAQ, please contact: [www.dcklinieken.nl/contact](http://www.dcklinieken.nl/contact) or our Service and Information Centre on +31 (0)88 0100 900.

## Emergency after visit to DC Klinieken

In case of emergency, call: +31 (0) 88 0100 998.

## Emergency after visit to DC Klinieken Dokkum

In case of an emergency after pain management, or gastrointestinal examination, patients of DC Klinieken Dokkum should call: +31 (0) 88 0100 960 or after radiology: +31 (0) 88 0100 985

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