

# Ketamine infusion

## Pijnzorg

**With many pain syndromes, it is possible to reach a stage where all treatments have failed and even high doses of morphine-like substances do not lead to pain reduction. This is a condition of overstimulation of the nervous system, also known as wind-up.**

### Before the treatment

- Ensure that you come on time. The local outpatient pain clinic will discuss times with you.
- Ensure that you are wearing comfortable clothing on the day of the treatment.
- Drinks (coffee, tea) and a light lunch are provided by the nurses on duty.

### The treatment

The Ketanest-S treatment is administered via an infusion in the day care clinic. This treatment takes all day. The treatment can have temporary adverse effects during the day. You do not have to be fasting and may eat and drink normally during the day.

The effect of the treatment manifests after several days and can persist for several months. If this treatment has a favourable effect on the pain, without unacceptable adverse effects occurring, the treatment can be repeated if necessary. It seems that a repeat treatment produces an effective result that lasts longer.

### After the treatment

You may not drive for the rest of the day. You must ensure that someone can bring you home.

### Complications/side effects

Adverse effects that can occur during and after the treatment:

- double vision
- hallucinations
- feeling drunk
- rapid heartbeat
- sleepiness
- high blood pressure
- nausea
- dizziness

These adverse effects are temporary and usually occur in the first few days. Adverse effects can also disappear after reducing or stopping the treatment. Medicines can be given to alleviate nausea and vomiting.

In very rare cases, an infection may occur at the site where the injection needle was inserted.

Please contact us immediately if you experience:

- local redness that worsens
- local swelling that worsens
- fever (higher than 38 degrees Celsius)

## **Result**

Six weeks after the treatment, a nurse from the outpatient pain clinic will call you. During this telephone consultation, the result of the treatment will be evaluated and the follow-up policy arranged. Take note of your pain score in the first two weeks after the treatment. You can write down any questions to discuss during the telephone consultation.

## **Resuscitation**

All patients at DC Klinieken are resuscitated in an emergency situation. Have you signed a DNR form or discussed with your doctor that you do not want to be resuscitated? Then it is important to inform us of this.

## **Emergency after visit to DC Klinieken**

In case of emergency, call: +31 (0) 88 0100 998.

## **Emergency after visit to DC Klinieken Dokkum**

In case of an emergency after pain management, or gastrointestinal examination, patients of DC Klinieken Dokkum should call: +31 (0) 88 0100 960 or after radiology: +31 (0) 88 0100 985

## **Insurance coverage**

DC Klinieken has contracts with all health insurance providers. This means that practically all of the care is reimbursed. Just like the care you receive in the hospital. You will first need a referral from your GP or specialist. Remember to take into account your insurance excess. For more information about reimbursement and any exceptions: [www.dcklinieken.nl/vergoedingen](http://www.dcklinieken.nl/vergoedingen).

## **Questions**

For more information and answers to FAQ, please contact: [www.dcklinieken.nl/contact](http://www.dcklinieken.nl/contact) or our Service and Information Centre on +31 (0)88 0100 900.