

Fertility counseling abroad

Gynaecology

You are following an Orientation Fertility Examination (OFO) or fertility treatment with a healthcare provider abroad. We call this provider your main treating physician. You choose to have the additional tests done in the Netherlands at DC Klinieken. This folder explains what this means and what you can expect from us.

Important things you must arrange yourself

You are responsible for informing your health insurer. Tell them that you are receiving treatment abroad and that you will have additional tests done in the Netherlands. Your insurer can tell you whether these costs are covered.

You must always pay the invoice directly after your appointment with us, even if your insurer may not reimburse it. If possible, you can later submit the invoice to your insurer yourself.

During the intake, the doctor will discuss which steps are needed in your treatment and which tests belong to these steps. You will also hear what the costs are.

Please note that we do not support treatments that use donor sperm or donor eggs from an unknown donor.

Before the examination

If you know that you have an allergy or sensitivity, please tell us before the examination. The doctor will take this into account.

Which examinations do we perform?

Your main treating physician decides which tests you need and when they must take place. DC Klinieken can perform the following tests:

- Internal ultrasound examination
- Blood tests for hormones

This leaflet gives you an overview of how these tests work.

Ultrasound examination

With an internal (vaginal) ultrasound we look at:

- The size and shape of the uterus
- Any abnormalities in the uterus or ovaries
- The growth of follicles
- The thickness of the uterine lining

A follicle is a small fluid-filled sac in the ovary in which an egg grows. During your menstruation a follicle is small. After this, it grows slowly.

Your main treating physician decides on which days the ultrasounds are needed. The ultrasounds are done in our clinic by an ultrasound technician or a clinic doctor.

Blood tests for hormones

Depending on the advice of your main treating physician, the following hormones may be tested:

- FSH (follicle-stimulating hormone)
- Oestrogen
- Progesterone
- LH (luteinising hormone)

You can have the blood test done at OLVG East or OLVG West. We advise you to go before 09:00 in the morning.

Processing and sending results

Ultrasound results

After the ultrasound you will receive a paper report. You send this report to your main treating physician yourself.

Blood test results

You can call after 13:30 for the results. As soon as we receive the results on paper, we will send them to you by email. You then send these results to your main treating physician yourself.

Please note that email is not secure, but it is the fastest way to receive your results.

Emergency after visiting DC Klinieken

In case of an emergency, call: 088 0100 998.

Questions

For more information and answers to frequently asked questions, go to: www.dcklinieken.nl/contact or contact our Service and Information Centre at 088 0100 900.